# FIRST AID KIT ITEM LIST

The contents of a first aid kit vary based on the environment and the types of injuries that occur in each workplace. OSHA enforces the recommended ANSI guidelines for first aid kits to ensure that employees have access to basic first aid supplies to treat the most common injuries. Creating a list of the first aid products you need to keep in your kit should include all of the following items.



## Provides cold therapy for sprains and muscular injuries Gauze Pads Starile wound care dressing for minor cuts and scrapes First Aid Burn Cream Cream treatment for burns, reduces pain and starts healing Gauze Bandage Gauze roll bandage for dressing minor wounds and burns Scissors Scissors Used for cutting gauze Combine Pad Used for cutting gauze Sterile, gel soaked burn dressing for minor skin burns Elastic Bandage Roll

Instant Cold Pack

### Adhesive Tape



#### First Aid Guide

CPR, AED, and Basic First Aid

Pocket guide of instructions for treating first aid emergencies

Sterile Eye Pads



For minor eye first aid emergencies

> Triangular Bandage

Jsed for arm slings, head dressings or to secure wound dressings

wound dressings Medical Gloves



Latex free medical gloves protect against potentially dangerous bodily fluids

Adhesive Bandaids

Latex free adhesive bandage dressings for minor wounds





Cohesive bandage roll for supporting injuries and adhering first aid dressings

Hand Sanitizer

Antibacterial, alcohol hand sanitizer packets for hand hygiene in the workplace

#### Antiseptic Towelette



For cleaning and disinfecting cuts and scrapes. It also helps to prevent infections in wounds

#### Neomycin Antibiotic



Antibiotic ointment for the prevention of skin infections in cuts, scrapes and minor burns



Single use CPR Mask protects rescuer from hazardous bodily fluids

#### Burn Dressing



Sterile, gel soaked burn dressing for minor skin burns

#### Eye Wash Solution



Single use eye wash solution for removing dust and debris from the skin and eyes



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